Community projects

CHRONIC DISEASE MANAGEMENT AT KOOTENAY BOUNDARY REGIONAL HOSPITAL: AN INTERPROFESSIONAL PERSPECTIVE

Overview

- Four major chronic disease management clinics:
  - cardiac rehab program
  - kidney care clinic
  - diabetes daycare
  - heart function clinic

Our assignment

To streamline the care and services performed in these clinics to increase efficiency and effectiveness

Our approach

Due to the complexity of the four individual clinics, we concentrated on making recommendations which would enhance the existing services in a cost-effective manner

- We are using a holistic, patient-focused approach
- We are keeping in mind the current nature of hospital resources, staff, and facilities

Health care fair

- Annual public health day for the community
- Booths staffed by professionals from various disciplines
- Provide patient-friendly information from many different perspectives
- Held in the hospital lobby

Booth ideas include:

- chronic disease prevention
- hospital services
- mental health services
- general nutrition
- back pain

Our goals

- To decrease the time and cost associated with running these clinics while maintaining their value and integrity
- To provide the patients with the knowledge and abilities necessary to take an active role in their own health care
- To give specific recommendations for realistic improvements that can be made to these clinics
- To develop supplemental health-focused strategies that would benefit the entire community

www.bcahc.ca/irpbc